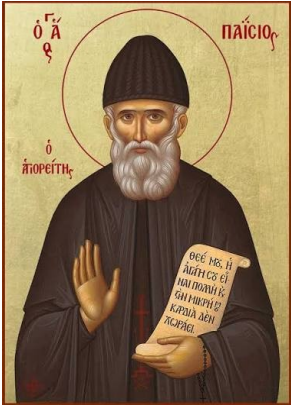


Feasts and Saints

St. Paisios of Mount Athos



St. Paisios of Mount Athos (1924–1994) was a profoundly revered 20th-century Eastern Orthodox monk and ascetic known for his spiritual wisdom, prophecies, and immense compassion. Born in Cappadocia, Turkey, he eventually settled on the Holy Mountain in Greece, where he spent decades offering counsel, comfort, and healing to thousands of pilgrims.

Born *Arsenios Eznepidis*, he was baptized by St. Arsenios of Cappadocia, who prophetically identified his future as a monk. Just weeks after his birth, his family fled to Greece during the 1924 population exchange.

During the Greek Civil War, he served as a radio operator. He deliberately avoided firing a weapon, choosing instead to assist others and pray. In 1950, he arrived on Mount Athos, embracing a strictly ascetic lifestyle in various wilderness hermitages, including the famous *Panagouda* cell. Despite seeking seclusion, word of his spiritual gifts—such as foresight, clairvoyance, and the ability to read hearts—spread rapidly. Tens of thousands of people visited him to seek advice on anxiety, divorce, and modern societal struggles.

He reposed in the Lord on July 12, 1994, at the Monastery of St. John the Theologian in Souroti, Greece. He was officially canonized as a saint by the Ecumenical Patriarchate in 2015.

The Lord's Prayer

Our Father who art in heaven, Hallowed-be thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, And lead us not into temptation, but deliver us from the evil one.

ABANA'L LATHEE

ABANA'L LATHEE FILL SAMAWAT; LEE YATA KADASS ISMUK
LEE YATEE MALA KUTUK; LEE TAKUN MASHI ATUK
KAMA FILL SAMA KADHA LEEKA ALA'L-ARD
KHUBZANAL JAOHARI ATINA'L YAOM; WATRUK-LANA MA ALAINA
KAMA NATRUKU NAHNU LIMAN; LANA ALAIH
WALA TUD KHILINA FI TAJRIBA; LA KIN-NAJJINA-MINA'L SHIRIR

**I will come into thy house in the multitude of thy mercy:
and in thy fear will I worship toward thy holy temple.”** Psalm 5:7



The Great Martyr George

St. George Antiochian Orthodox Christian Cathedral

كاتدرائية القديس جاورجيوس الأنطاكية الأرثوذكسية

3754 Woodley Rd. Toledo, Ohio 43606-1159

Phone: 419-475-7054

cathedraloffice@bex.net cathedraldean@saintgeorgetoledo.com
<https://www.saintgeorgetoledo.com> <https://www.facebook.com/StGeorgeTOL/>

Sunday July 12, 2026

المتقدم بالكهنه الاب مايكل شاهين

V. Rev. Archpriest Michael G. Shaheen

Phone:419-260-1621

cathedraldean@saintgeorgetoledo.com

Father Michael's office hours
by appointment only

Secretary

Mrs. Laura Pedro

St. George Choir Directors

Olivia Yarbro; Joy Hajjar

Chanters

Tony Khoury; Nadeem Khoury;
William Swade; George Tanber; Olivia Yarbro

Sub Deacons

Michael Saba; Christopher Haddad

Altar Captains

Mathew Ade; Anthony Sommer;
Roy Palmer; Andrew Khoury

Social Media Team

Emily Hughes; Aryan Khatiwada;
Daniel Russell

Pan Orthodox Toledo Coordinator

Anita Skaff

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Chair: Nadia Swade

Vice Chair: Ryan Sommer

Treasurer: Anthony Sommer

Secretary: Rhonda Saba

Chancellor: Mitchell Howard

John Ellis; Keith Haddad;
Sub Dn. Michael Saba; Cindy McClure;
Brad McArthur; David Joseph;
Tony Pedro ; David Hairabedian;
Sabah Mitri; Dr. Hassan Semaan.



*His Beatitude JOHN X Patriarch of
Antioch and all the East*

*Metropolitan SABA Archbishop of
The Antiochian Orthodox Archdiocese of
North America*

*Rt. Rev. Archimandrite Jeremy Davis
Archiepiscopal Vicar Diocese of
Toledo and the Midwest*

*Very Rev. Archpriest Michael G. Shaheen
Dean/ St. George Cathedral of Toledo*

Sunday July 12, 2026

**Sixth Sunday after Pentecost & Sixth Sunday
of Matthew** Venerable Paisios the New of Mount
Athos Holy Martyrs Proclus and Hilary of
Ancyra; Veronica, the woman with the issue of
blood who was healed by our Lord.

Tone V

Eothinon VI

Apolytikion for the Resurrection V

Let us believers praise and worship the Word;
coeternal with the Father and the Spirit, born of
the Virgin for our salvation. For, He took pleasure
in ascending the Cross in the flesh to suffer death;
and to raise the dead by His glorious Resurrec-
tion.

باللحن الخامس

لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدُ لِلْكَلِمَةِ، الْمُسَاوِي لِلآبِ
وَالرُّوحِ فِي الْأَزَلِيَّةِ وَعِدِمِ الْإِبْتَدَاءِ. الْمَوْلُودِ مِنَ الْعَذْرَاءِ
لِخَلَاصِنَا، لِأَنَّهُ سَرَّ وَارْتَضَى بِالْجَسَدِ أَنْ يَعْلَوْ عَلَى
الصَّلِيبِ وَيَحْتَمِلَ الْمَوْتَ وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ
الْمَجِيدَةِ.

Apolytikion for St. Paisios V

When the fire of love for the Lord was lit
in thee, by thine ascetic travails didst thou
give thyself unto Christ; and didst take up
His pure Image, O Paisios. Thereby be-
coming for us all * consolation and a God
-inspired source of holy wisdom; and by

Wishing all of you who were born in
the month of July A Very Happy Birthday!

Carole Ghareeb 01

Adeeb Aouad 02

Milhem Haddad 06

Albert Swade 07

Kay Brosneck 09

Jocelyn Ghareeb 10

Laure Eid 11

Eddie Nicholas 12

David Michael Joseph III 14

Zoe Zogaib 16

Craig Joseph 16

Melanie Skaff 18

Riley Sommer 19

Christopher Goldyn 23

Maryna Palmer 23

Nicholas Swade 24

Julia Khoury 25

Mark Hajjar 27

Lawrence Swade 01

Larry Joseph 02

Frank Fuller 07

Harvey Tolson 08

Stephan Swade 10

Maher Hajjar 10

William Swade Jr.12

Andrew Khoury 13

Sub Dn. Michael Saba 15

Alberto Arroyo 16

Firas Gammoh 17

Ann Howard 19

Christopher Hughes 20

Troy Alexander 23

Diane Kelly 24

Emily Hughes 25

Demetrius Vasquez 26

Autumn Aouad 31

Happy
Birthday

WE ENTER TO WORSHIP...

SERVE...

WE DEPART TO

HOLY COMMUNION & HOLY PENANCE (CONFESSION)

Eucharist is the most Sacred act of our Holy Orthodox Faith. Holy Communion is the essence of our Divine Liturgy. Proper preparation is necessary to partake of the Holy Mysteries:

- ✠ Fasting from Midnight before the Liturgy
- ✠ Confession to the priest by proper examination of ones conscience
- ✠ Absolution given by the priest is the gift of repentance

PROPER ETIQUETTE WHILE IN CHURCH

- ✠ Arrive to church in **modest attire** and turn off cell phones before entering church.
- ✠ We **DO NOT** cross our legs in church.
- ✠ There should be no talking or chewing gum while in church. **Absolutely NO FOOD.**
- ✠ **No water** or any other beverage should be consumed while in church.
- ✠ The only persons permitted behind the Holy Altar are the Clergy and Altar servers.
- ✠ No walking up or down the aisle if the **Epistle; Gospel or Homily** is being said.
- ✠ The only persons that should be standing in the back are the ushers to keep order.
- ✠ If you are planning to partake of Holy Communion, please prepare yourself properly.
- ✠ During Holy Communion, all parishioners are to remain standing until the last person receives.

THE PROPER WAY TO RECEIVE HOLY COMMUNION

- ✠ Approach the chalice with reverence with arms crossed over your chest & state your name for the priest
- ✠ Tilt your head **STRAIGHT BACK** (not left or right) and open your mouth to avoid touching the spoon with your mouth.
- ✠ Following these three simple steps will ensure us that we are receiving Holy Communion (NOT taking) in the correct order prescribed by the Orthodox Church and at the same time gives consideration to our fellow parishioners.

thy ceaseless entreaties for the whole world thou workest miracles.

Apolytikion for St. George IV

As Deliverer of Captives and Defender of the Poor, Healer of the Infirm, Champion of Kings, Victorious Great Martyr George, intercede with Christ our God, for our salvation.

Kontakion for The Theotokos II

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

“The Mystery of Eternal Life”

In the Holy Chalice there is not merely wine and bread, there is Christ Himself His Body and His Blood, the life that is sacrificed for the world, the love that never dies.

Every drop is a tear of mercy, every crumb a drop from the Heart of the One crucified for us. When you approach the Chalice, do not come as one hungry for bread, but as a soul thirsting for eternity.

For here you do not receive only forgiveness, but you unite yourself with Christ Himself, the One who conquered death.

This is the Mystery of mysteries the moment when heaven descends into you, and you are lifted up toward heaven, in silence, with tears, with a broken and humble heart.

For in Holy Communion, God does not give us something that belongs to Him, but He gives Himself entirely, so that we may live through Him, and He through us. “He who eats My Body and drinks My Blood has eternal life.” (John 6:54

The Epistle

Thou, O Lord, wilt preserve us and keep us from this generation.

Save me, O Lord, for the Godly man hath disappeared.

The Reading from the Epistle of St. Paul to the Romans

12:6-14

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

The Holy Gospel

The Reading from the Holy Gospel according to St. Matthew

9:1-8

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

إنجيل اليوم: متى (ص 9: ع 1-8)

في ذلك الزمان دخل يسوع السفينة واجتاز وجاء على مدينته. فإذا بمخلع ملقى على سرير قدّموه إليه. فلما رأى يسوع إيمانهم قال للمخلع: ثق يا بني، مغفورة لك خطاياك. فقال قوم من الكتبة في أنفسهم: هذا يجدف. فعلم يسوع أفكارهم فقال: لماذا تفكرون بالشر في قلوبكم، ما الأيسر أن يقال مغفورة لك خطاياك أن يُقال قم فامش؟ ولكن لكي تعلموا أن ابن البشر له سلطان على الأرض أن يغفر الخطايا (حينئذ قال للمخلع) قم احمل سريرك واذهب على بيتك. فقام ومضى على بيته. فلما نظر الجموع تعجبوا ومجدوا الله الذي أعطى الناس سلطاناً كهذا.

Homemade Middle Eastern & American Food
Children's Activities, Games & Crafts
Full Service Bar

St. George Cathedral

SUMMER FESTIVAL

JULY 17, 18, & 19

Admission: \$5.00

Children 10 and under are FREE

Friday

Gates Open:
5:00-11:00 PM

Bands:

The Bridges
7:00-11:00 PM

Saturday

Gates Open:
4:00-11:00 PM

Bands:

The Grape Smugglers
7:00-11:00 PM

Sunday

Gates Open:
Noon-5:00 PM

Bands:

After Shock
1:00-4:00 PM



BUY A TICKET FOR A CHANCE TO WIN A CAR!

**3754 WOODLEY ROAD,
TOLEDO, OHIO 43606**

Church Attendance and YOU

Please remember ...

- ✠ You can't serve from your sofa.
- ✠ You can't have community of faith on your sofa.
- ✠ You can't experience the power of a room full of believers worshipping together on your sofa.

Christians aren't consumers either. We are contributors. We don't watch. We engage. We give. We sacrifice. We encourage. We do life together.

- ✠ The church needs you.
- ✠ And you need the church.

Yes, church on the sofa is perhaps comfortable,
*but it'll never be the same as **church in the sanctuary.***

St. George Cathedral Summer Festival Preparation

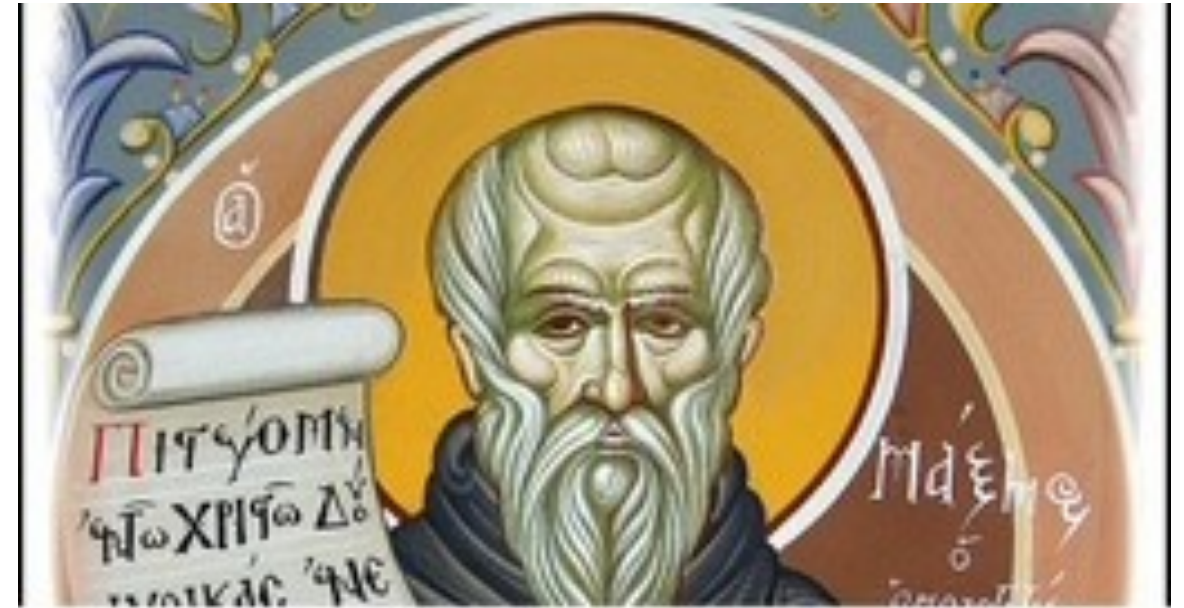
Festival Cooking Dates

Tuesday July 14, 2026 (sweets)
Thursday July 16, 2026 (baklava)

Please let Rhonda know when and how you can help with food preparation at 419-345-3588.

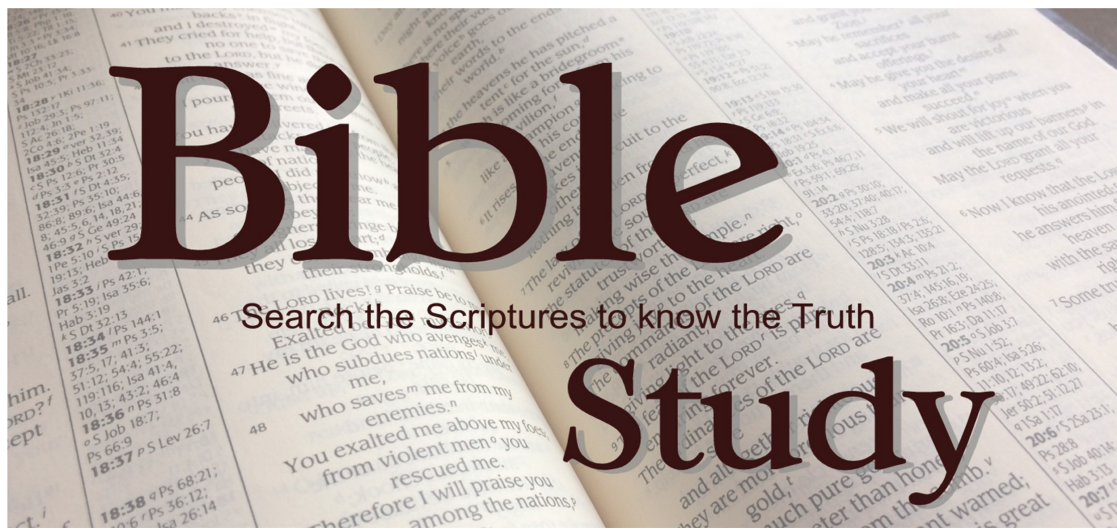
Please remember, if you have not signed up to help out before, during or after, please speak with Anita Skaff at 419-292-2765.

Thank you!



Do not say that faith in Christ alone can save you, for this is not possible if you do not attain love for Him, which is demonstrated by deeds. As for mere faith: "The demons also believe and tremble" (James, 2:19). The action of love consists in heartfelt good deeds toward one's neighbor, magnanimity, patience, and sober use of things.

St. Maximus the Confessor



Wednesday Vespers
6:00 pm
St. Juliana Chapel

followed by
St. George Cathedral Bible Discussion
 We will be doing the following

- ♦ Read and hold a discussion on different Books of the Bible
- ♦ Learn a deeper meaning and understanding of the bible and what it teaches us
- ♦ Enjoy friendship and fellowship with one another at each session



15th Annual Fellowship Matters Golf Outing
Sponsored by Toledo Ticket Co.
in memory of Phillip Gill
Aug. 15, 2026
8 a.m. Shotgun Start
 Join us as we feed the body and soul by providing food and fellowship in God's name. Proceeds benefit Fellowship Matters feeding programs. Driving range opens at 6:30 a.m..
\$200.00 WILL HOLD SPOT--Aug 1, 2026 is deadline

Bedford Hills Golf Course | 6400 Jackman Road Temperance, Mich. 48182 | Phone: 734-854-GOLF (4653)

AVAILABLE SPONSORSHIPS

Course – Bedford Hills Golf Course

Event – Toledo Ticket Co.

Naming/Social media recognition, two teams* & hole sign

Golf Cart –\$2,500

Name on carts recognition, two teams* & hole sign

Dinner –\$2,500

Name on tables recognition, two teams* & hole sign

Hot Dog @ Turn –\$1,500

Banner recognition, one team* & hole sign

AVAILABLE SPONSORSHIPS

Platinum - \$2,500

Banner recognition & two team* & hole sign,

Golf Ball/Tee - \$1,500

logo/name on all golf balls \ one team* and hole sign

Gold - \$1,000

Banner recognition, one team* & hole sign

SILVER- \$500

one team* entry & hole sign

Hole - \$100

hole sign

Bedford Hills Golf Course Saturday, Aug. 15, 2026

Fee: \$100 Includes round of Golf, Cart, Hot dog @ turn &

Shorty's Back 40 Dinner

Skins | Silent auction |

Prizes for Longest drive – Hole in one Contests



-----Registration-----

Complete registration and return to: Fellowship Matters, Inc. PO Box 12212 Toledo, Ohio 43612

Company name _____

1.	Name _____	Address _____	Phone _____
2.	Name _____	Address _____	Phone _____
3.	Name _____	Address _____	Phone _____
4.	Name _____	Address _____	Phone _____

For more information,
 please contact us at
 419-280-1083
 or email
 FM@fellowshipmatters.org
 Check us out @
 Fellowshipmatters.org
 or
 facebook.com/fellowshipmatters

Non-profit tax ID:
 45-5242385

**** Card holding golf professional are excluded – rules apply**