

## Saints and Feasts

### Sunday of Orthodoxy



For more than one hundred years the Church of Christ was troubled by the persecution of the Iconoclasts of evil belief, beginning in the reign of Leo the Isaurian (717-741) and ending in the reign of Theophilus (829-842). After Theophilus's death, his widow the Empress Theodora (celebrated Feb. 11), together with the Patriarch Methodius (June 14), established Orthodoxy anew. This ever-memorable Queen venerated the icon of the Mother of God in the presence of the Patriarch Methodius and the other confessors and righteous men, and openly cried out these holy words: "If anyone does not offer relative worship to the holy icons, not adoring them as though they were gods, but venerating them out of love as images of the archetype, let him be anathema." Then with common prayer and fasting during the whole first week of the Forty-day Fast, she asked God's forgiveness for her husband. After this, on the first Sunday

of the Fast, she and her son, Michael the Emperor, made a procession with all the clergy and people and restored the holy icons, and again adorned the Church of Christ with them. This is the holy deed that all we the Orthodox commemorate today, and we call this radiant and venerable day the Sunday of Orthodoxy, that is, the triumph of true doctrine over heresy.

### The Lord's Prayer

**O**ur Father who art in heaven, Hallowed-be thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, And lead us not into temptation, but deliver us from the evil one.

#### ABANA'L LATHEE

ABANA'L LATHEE FILL SAMAWAT; LEE YATA KADASS ISMUK  
LEE YATEE MALA KUTUK; LEE TAKUN MASHI ATUK  
KAMA FILL SAMA KADHA LEEKA ALA'L-ARD  
KHUBZANAL JAOHARI ATINA'L YAOM; WATRUK-LANA MA ALAINA  
KAMA NATRUKU NAHNU LIMAN; LANA ALAIH  
WALA TUD KHILINA FI TAJRIBA; LA KIN-NAJJINA-MINA'L SHIRIR

I will come into thy house in the multitude of thy mercy:  
and in thy fear will I worship toward thy holy temple." Psalm 5:7



(Sunday of Orthodoxy)

**St. George Antiochian Orthodox Christian Cathedral**

كاتدرائية القديس جاورجيوس الأنطاكية الأرثوذكسية

3754 Woodley Rd. Toledo, Ohio 43606-1159

Phone: 419-475-7054

cathedraloffice@bex.net cathedraldean@saintgeorgetoledo.com

<https://www.saintgeorgetoledo.com> <https://www.facebook.com/StGeorgeTOL/>

**Sunday March 1, 2026**

المتقدم بالكهنه الاب مايكل شاهين

V. Rev. Archpriest Michael G. Shaheen

Phone:419-260-1621

cathedraldean@saintgeorgetoledo.com

Father Michael's office hours  
by appointment only

**Secretary**

Mrs. Laura Pedro

**St. George Choir Directors**

Olivia Yarbro; Joy Hajjar

**Chanters**

Tony Khoury; Nadeem Khoury;  
William Swade; George Tanber; Olivia Yarbro

**Sub Deacons**

Michael Saba; Christopher Haddad

**Altar Captains**

Mathew Ade; Anthony Sommer;  
Roy Palmer; Andrew Khoury

**Social Media Team**

Emily Hughes; Aryan Khatiwada;  
Daniel Russell

**Pan Orthodox Toledo Coordinator**

Anita Skaff

**The St. George Parish Council**

**Chair:** Nadia Swade

**Vice Chair:** Ryan Sommer

**Treasurer:** Anthony Sommer

**Secretary:** Rhonda Saba

**Chancellor:** Mitchell Howard

John Ellis; Keith Haddad;

Sub Dn. Michael Saba; Cindy McClure;

Brad McArthur; David Joseph;

Tony Pedro ; David Hairabedian;

Sabah Mitri; Dr. Hassan Semaan.



*His Beatitude JOHN X Patriarch of  
Antioch and all the East*

*Metropolitan SABA Archbishop of  
The Antiochian Orthodox Archdiocese of  
North America*

*Rt. Rev. Archimandrite Jeremy Davis  
Archiepiscopal Vicar Diocese of  
Toledo and the Midwest*

*Very Rev. Archpriest Michael G. Shaheen  
Dean/ St. George Cathedral of Toledo*

**Sunday March 1, 2026**

**First Sunday of Great Lent (Sunday of Orthodoxy)** Venerable-martyr Eudokia of Heliopolis; Venerable Domnina of Syria; Martyrs Markellos and Anthony of Pamphylia.

*Tone V*

*Eothinon V*

**Apolytikion of the Resurrection V**

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

**باللحن الخامس**

لنُسبِحْ نحنُ المؤمنين ونَسبُدُ للكلمةِ، المُساوي لآبِ  
والروح في الأزليَّةِ وديم الابتداء. المولودِ مِنَ العذراءِ  
إِخْلاصِنَا، لِأَنَّهُ سَرَّ وارتَضَى بالجسدِ أن يعلو على  
الصليبِ ويَحتمِلَ الموتَ ويُنهضَ الموتى بقيامتهِ  
المجيدة.

**Troparion of First Sunday of Lent II**

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will

Wishing all of you who were born  
in the month of March  
A Very Happy Birthday

Mateo Swidan 1

Stephanie Bardwell 02

Marie Russel 05

Jenna McClure Storts 06

Reem Khoury 08

Salim Khoury 10

Samuel Ansara 11

Michelle Joseph 12

Gretchen McKarus 13

Manal Oweis Gammoh 18

Maya Zogaib 19

Marianna Ghareeb 21

Nicholas McKarus 23

Brittany Bardwell 25

Marie Zogaib 25

Sharon Grzywinski 28

Patrick Hughes 28

Happy  
Birthday  
Madeline McArthur 31

Rhonda Saba 02

Paul Antypas 03

Adedayo Agboola 05

Anita Skaff 07

Luke Shay 09

Rommie Swade 10

Ruby Russell 12

Lauren Czerniak-Zerka 13

Gabriella Semaan 17

Tammy Sharp 18

George Bardwell Jr. 20

Joel Figmaka 22

Chris Joseph 24

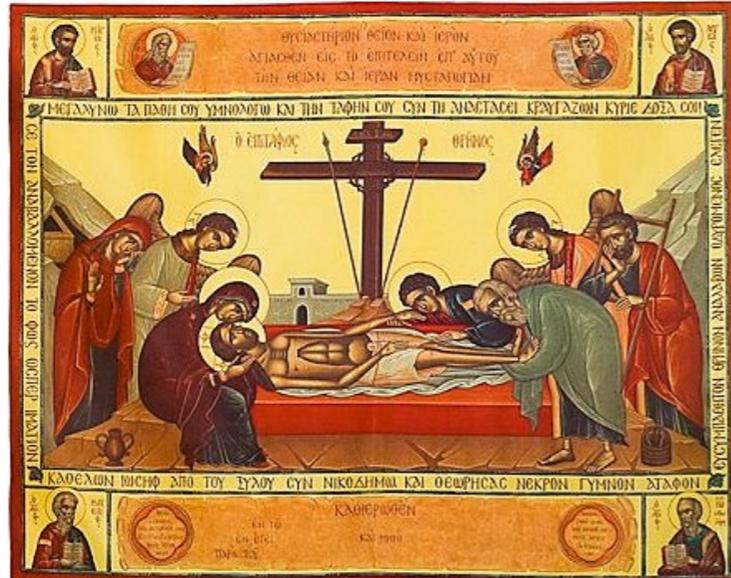
Julie Snyder 25

Emad Swade 26

Rafic Awad 28

Charles Snyder 31

# St. George Good Friday Memorial Booklet



Commemorating our loved ones who have gone before us to their rest...

Traditionally in the Orthodox Church we remember our loved ones who have fallen asleep in the Lord. Therefore we will be putting together a **Good Friday Memorial Booklet** to remember our beloved family and friends who have gone to their rest. If you would like to have your loved ones remembered in this **special booklet**, please email **Laura Pedro** at ([cathedraloffice@bex.net](mailto:cathedraloffice@bex.net)) with the names of those whom you wish to have remembered.

**Deadline is April 3rd**

You may make your donation payable to **St. George Cathedral** earmarked "**Good Friday Memorial**"

Please note: All names submitted are prayed for at the Oblation Table by Fr. Michael at the Liturgy of the Last Supper Holy Thursday morning

Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

## **Troparion for St. George IV**

As Deliverer of Captives and Defender of the Poor, Healer of the Infirm, Champion of Kings, Victorious Great Martyr George, intercede with Christ our God, for our salvation.

## **Kontakion for the Sundays in Lent VIII**

To thee the champion leader, I thy servant offer thanks for victory, O Theotokos, thou who hast delivered me from terror. As thou hast power invincible, free me from every danger that I may cry unto thee: Rejoice, O bride without bridegroom.

IN-NEE ANA, AAB-DOUKKE YA WALIDATAL ILAH, AKTOUBOO LAKEE RAYATEEL GHALABA. YA JUN-DEEYATAN MOO-HA-MEE-YA WA OOKAD DEEMOO LAKEEL CHOOKRA KA MOON-KEE-ZATEN MEENAL CHADA-ED LA-A-KEN, BEEMA ANNA LAKEEL EEZATAL LATEE LA TOU-HA-RAB, AA-TE-KEENEE MEEN SOONOOFIL SHADA-ED HATTA-ASROUKHOOD EE-LAIKEE, EFRAHEE YA AROUSA, LA AROOSAN LA HA-HA... !!!

## **The Epistle**

*Thou, O Lord, will preserve us and keep us from this generation.  
Save me, O Lord, for the godly man hath disappeared.*

**The Reading from the Epistle of St. Paul to the Hebrews  
12:1-10**

Brethren, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and sin which clings so closely; and let us run with perseverance the race that is set before us, looking to Jesus: the Pioneer and Perfecter of our faith, Who for the joy that was set before Him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Consider Him Who endured from sinners such hostility against Himself, so that you may not grow weary or fainthearted. In your struggle against sin you have not yet resisted to the point of shedding your blood. And have you forgotten the exhortation which addresses you as sons? "My son: do not regard lightly the discipline of the Lord, nor lose courage when you are punished by Him; for the Lord disciplines him whom He loves, and chastises every son whom He receives." It is for discipline that you have to endure. God is treating you as sons; for what son is there whom his father does not discipline? If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. Besides this, we have had earthly fathers to discipline us and we respected them. Shall we not much more be subject to the Father?

## The Holy Gospel

The Reading from the Holy Gospel according to St. John

1:43-51

**A**t that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of Whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, Thou art the Son of God! Thou art the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

### إنجيل اليوم: يوحنا (ص 1 : ع 43 – 51)

في ذلك الزمان أراد يسوع الخروج إلى الجليل فوجد فيلبس قال له: إتبعني. وكان فيلبس من بيت صيدا من مدينة أندراوس وبطرس. فوجد فيلبس نثنائيل فقال له: إن الذي كتب عنه موسى في الناموس والأنبياء قد وجدناه وهو يسوع بن يوسف الذي من الناصرة. فقال له نثنائيل: أمين الناصرة يمكن أن يكون شيء صالح؟ فقال له فيلبس: تعال وانظر. فرأى يسوع نثنائيل مُقبلاً إليه فقال عنه: هوذا إسرائيلي حقاً لا غشٍ فيه. فقال له نثنائيل: من أين تعرفني؟ أجاب يسوع وقال له: قبل أن يدعوك فيلبس وأنت تحت التينة رأيتك. أجاب نثنائيل وقال له: يا معلم أنت ابن الله أنت ملك إسرائيل. أجاب يسوع وقال له: لأنني قلت لك إني رأيتك تحت التينة أمنت؛ إنك ستعطين أعظم من هذا. وقال له: الحق الحق أقول لكم إنكم من الآن ترون السماء مفتوحة وملائكة الله يصعدون وينزلون على ابن البشر.

Live as simple as you can. Do not make your own lives difficult. Too many conveniences turn people into slaves.

St. Paisios of Mount Athos

## Friday April 10

Great and Holy Friday Morning

9:00am

Great and Holy Friday afternoon Vespers

3:00 pm

Holy Friday Evening Lamentations

7:00 pm

## Saturday April 11

Holy Saturday Morning Vesper Liturgy

10:00 am

**GREAT AND HOLY PASCHA OF OUR LORD JESUS CHRIST**

Hierarchical Divine Liturgy of the Resurrection

10:00 pm

**Following the Divine Liturgy, ALL are welcome to join in the St. George Fellowship Hall for Pascha Breakfast**

## Pascha Sunday April 12

AGAPE VESPERS 12:00 NOON

# Save the Date!

## St. George Middle Eastern

## Summer Festival

## July 17;18;19

With your help,

**this year will be our best year to date!**

# Schedule of Services for Holy Week

## Saturday April 4

Saturday of Lazarus the Righteous  
Morning Divine Liturgy 10:00 am  
Breakfast to follow with Church decorating

## Sunday April 5

Palm Sunday Jesus' Glorious Entrance into Jerusalem  
Orthros 9:00 Divine Liturgy 10:00 am

Palm Sunday Evening Orthros of the Bridegroom  
6:00 pm

## Monday April 6

Holy Monday Evening Orthros of the Bridegroom  
6:00 pm

## Tuesday April 7

Holy Tuesday Evening Orthros of the Bridegroom  
6:00 pm

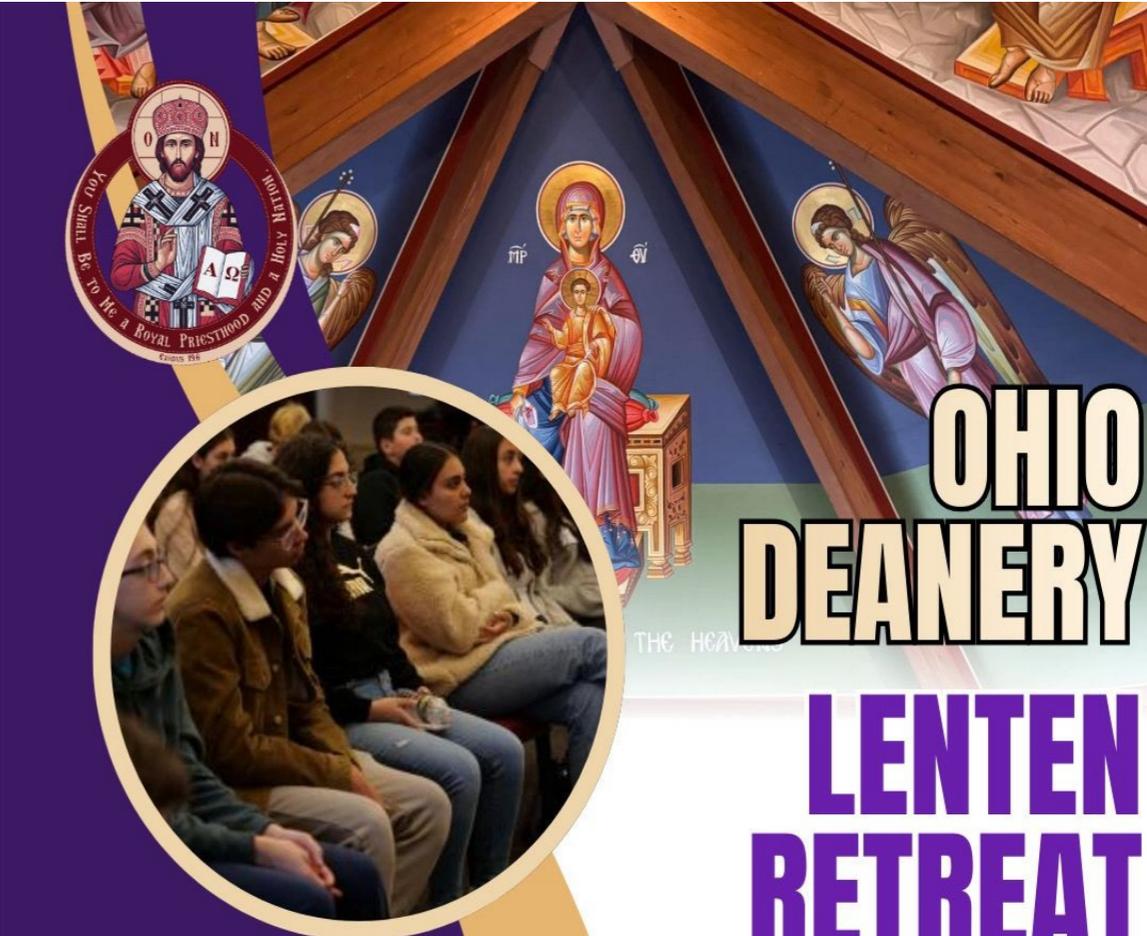
## Wednesday April 8

Holy Wednesday Evening (Holy Anointing)  
6:00 pm

## Thursday April 9

Holy Thursday Morning Liturgy Last Supper  
Cathedral 10:00 am

Holy Thursday Evening 12 Passion Gospels  
7:00 pm



# OHIO DEANERY

# LENTEN RETREAT



<https://tinyurl.com/OHDEAN>  
Register by March 3<sup>rd</sup>

**FOR QUESTIONS CONTACT:**  
[MAIL@STGEORGEAKRON.COM](mailto:MAIL@STGEORGEAKRON.COM)

 Saint George Akron,  
3204 Ridgewood Road,  
Fairlawn OHIO 44333

Saturday, March 7<sup>th</sup> 2026  
10:00AM - 5:00PM

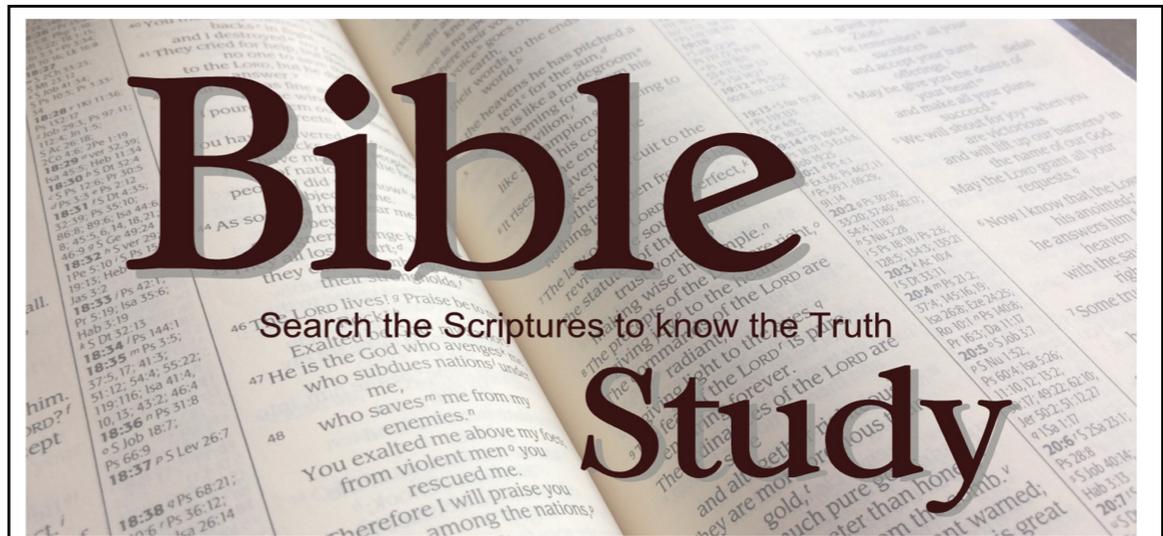
 **Adult Retreat:**

 Presentation by: Deacon Paul Najeeb Haddad, Ph.D / Workshops / Clergy Panel, Vespers

 **Teen / Youth Retreat**

 "A Day At the Village"  
MoPro, Holy Bread Making, Activities, Outreach Project, Vespers

(Full Schedule on Registration Form)



**Wednesday**  
 Presanctified Liturgy 6:00 pm  
 St. Juliana Chapel

**Begins March 4th**

followed by  
**St. George Cathedral Bible Discussion**  
 We will be doing the following

- ◆ Read and hold a discussion on different Books of the Bible
- ◆ Learn a deeper meaning and understanding of the bible and what it teaches us
- ◆ Enjoy friendship and fellowship with one another at each session

### PROPER ETIQUETTE WHILE IN CHURCH

- ✠ Turn off cell phones before entering church.
- ✠ We DO NOT cross our legs in church.
- ✠ There should be no talking or chewing gum while in church.
- ✠ No water or any other beverage should be consumed while in church.
- ✠ The only persons permitted behind the Holy Altar are the Clergy and Altar servers.
- ✠ No walking up or down the aisle if the Epistle or Gospel or Homily is being said.
- ✠ The only persons that should be standing in the back are the ushers to keep order.
- ✠ If you are planning to partake of Holy Communion, please prepare yourself properly.
- ✠ During Holy Communion, all parishioners are to remain standing until the last person receives.

### THE PROPER WAY TO RECEIVE HOLY COMMUNION

- ✠ Approach the chalice with reverence with arms crossed over your chest & state your name for the priest
- ✠ Tilt your head **STRAIGHT BACK** (not left or right) and open your mouth to avoid touching the spoon with your mouth.
- ✠ Following these three simple steps will ensure us that we are receiving Holy Communion (**NOT** taking) in the correct order prescribed by the Orthodox Church and at the same time gives consideration to our fellow parishioners.

We are forming an **ALL NEW St. George Men's Group**  
**AND** you're invited to join!

St George Men's Group



Join on GroupMe

Father Michael wants to gather the men of this Cathedral, ages 21+ together to form a new Men's Group that would allow the men of this parish to gather regularly for friendship and fellowship with their priest. Please use the QR code on this page to join.

# The St. George Cathedral LBS presents..

## A Mid Lent Luncheon

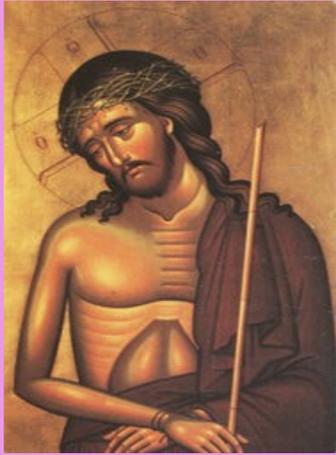
**Sunday March 15, 2026**  
**Sunday of The Holy Cross**



**This complementary lunch includes baked fish with  
salad, coffee & dessert**

**Please bring the whole family, but we ask that you reserve  
your place so we can know how people to expect.**

**Deadline to reserve with Rhonda Saba March 9th  
419-345-3588**



## Great Lent Schedule 2026

**Every Monday Evening  
(Great Compline)**

St. Juliana Chapel 6:00 pm  
February 23rd through March 30th, 2026

**Every Wednesday Evening  
(Presanctified Liturgy)**

St. Juliana Chapel 6:00 pm  
March 4th through April 1st, 2026

**Every Friday Evening  
(Madayeh)**

St. Juliana Chapel 6:00 pm  
February 27th through March 27th, 2026

**Every Sunday Evening  
(Pan Orthodox Vespers)**

See Schedule  
6:00 pm followed by a Lenten meal

# PanOrthodox Toledo Lenten Services

25

February  
6:00pm

Presanctified Divine Liturgy  
& Potluck at St. Elizabeth

1

Sunday of Orthodoxy  
March  
6:00pm

Sunday Lenten Vespers  
& Potluck at St. George

8

March  
6:00pm

Sunday Lenten Vespers  
& Potluck at Holy Trinity

15

March  
6:00pm

Sunday Lenten Vespers  
& Potluck at St. Elizabeth

22

March  
6:00pm

Sunday Lenten Vespers  
& Potluck at St. Elias

PanOrthodoxToledo@gmail.com



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